Men today are searching for a higher sense of identity and purpose that will nourish their life with passion and embolden integrity.

In these times of tremendous rebirth conscious men are called to claim their power to hold the great responsibilities of life with a joyful, calm and unwavering sense of caring. Thus they can become agents of positive change in their lives and the world.

In this workshop we will create together a safe place which will help you:

- Discover a new sense of personal depth
- Open your heart to boundless expressions of courage and creativity
- Access your own power and truth
- Unfold your masculine core
- Learn new ways of communicating and belonging to community
- Live out of your authentic self

The foundation of this workshop for men uses the Core-Energetics Evolutionary Process, as well as Jungian archetypal theory which is ancient psychology renewed for our modern world, offering a boon of resources to help men navigate their way out of the quagmires and begin to create a deep sense of themselves that is virtuous and magnanimous.

Welcome!