

International Institute
for Bodymind Integration



Core Strokes

WORKSHOP

IN GHENT, BELGIUM

18 -19/04/2020

**A transformational experience
based on a body-mind approach
with Dirk Marivoet**

BODYMINDINTEGRATION.COM

Liberate your true self

Core Strokes™ is a method of holistic bodywork combining the techniques and principles of Core Energetics® and Postural Integration®. More than just a manual therapy, it is a **self-development process** that works on the physical and mental posture along with interpersonal relationships.

In this workshop you will discover the many ways in which you unconsciously prevent yourself from being well aligned, clear minded, fully alive and joyful. By moving and unblocking the stuck energies **with the help of deep tissue work** and directing the associated emotions, you will start transforming your protective «armor», facilitating your deeper life stream. You will find out **how your body and your feelings are important guides** for **finding your purpose in life and inviting wanted changes**.

This workshop is also an **introduction to the professional training** for bodyworkers or therapists who would like to offer this work to their clients.



DIRK MARIVOET

is a certified psychotherapist, director of the International Institute for Bodymind Integration and international teacher of Core Energetics®, Body Oriented Psychotherapy and Postural Integration®. After more than 30 years of working and teaching in the field of integrative therapy, he created the Core Strokes™ approach, which he offers worldwide.

PRACTICAL INFORMATIONS

- ▶ Non-residential workshop / Language: english
- ▶ **Early bird price** till 1st of april 2020: 180€
- ▶ **Regular price:** 200€
- ▶ **Venue:** IBI center - Destelbergenstraat 49-51 - B-9040 Ghent (Belgium)
- ▶ **Contact:** info@bodymindintegration.com



Registration and information on
bodymindintegration.com